October 2026

Mon	Tue	Wed	Thu	Fri
10am-11:30am History Class With Dave Wynne	Tues & Thurs 10am - 11am EXERCISE Class 12pm-1pm LINE Dancing	YOGA Class Tuesdays 4pm - 5pm Thursdays 5pm - 6pm	1 10am - 11am ARH Stroke Support Group & Garrett -Hospice Music with Amanda	2 10:45am Bingo Fun
5 10am Lori Stacy Home Energy Rebate Application Assistance	6 10:30am Back In My Day Route 66 & Other Destinations	7 10:15am Tai Chi 11:00am Bible Study w/ Pastor Eunice Jones	8 10:30am Medicare & Muffin Event With Sean	9 10am - 11am Paint Class 11:00am Pop Corn Day Bingo
12 CLOSED Due To Observance Of Columbus Day	13 10am - 11am Coffee Creations & Donuts By Jan Care 11:00am Surprise Bingo	14 10:15am Fitness Zone 11:00am Bible Study w/ Sandra Milam	15 10:45am Gospel Sing-a-longs With Amanda	16 10:15am Tai Chi 11:00am Fall Harvest Bingo
19 Game Time With Yvonne Beckley Healthcare Center	20 10:45am Monster Mash Bingo	21 10:15am Fitness Zone 11:00am Bible Study w/ Haven & Dora Davis	22 10:15am Back In My Day Southern Food Heritage Tasting 11:00am Music w/Amanda	23 10:15am Tai Chi 11:00am Campfire Songs Bingo
26 10am - 11am Paint Class 10:45am Crafty Corner	27 Halloween & Fall Music Bingo With D.J. Steve	28 10:15am Fitness Zone 11:00am Bible Study w/ Pastor Dwight Bright	29 10am - 11am ARH Diabetic Support Group 11am Gospel Music w/ Amanda	30 Costume Party & Birthday Bash Music by David Runion Cake By Melton