

May 2024

| Mon | Tue | Wed | Thu | Fri |
|---|---|--|---|---|
| <p><i>Mondays</i> 10am-11:30am World History Class with Dave Wynn Tues & Thurs 10am-11am Exercise Class</p> | <p><i>Tue & Thurs</i> 12pm-1pm Line Dancing 5pm - 6pm Yoga Class (OAM) Older American Month</p> | <p>1 10:15am Seniorcise 11:00am Bible Study w/ Pastor Eunice Jones 2pm-3pm ARH Stroke Support Group</p> | <p>2 10:15am To 11:15am Game Day (OAM)</p> | <p>3 10:15am Tai Chi 11:00am Mystery Bingo</p> |
| <p>6 10:15am Seniorcise 11:00am Bingo Fun</p> | <p>7 10am- 11am Donuts & Free Coffee From RCCOA 11:00am Travel (OAM) Pictionary</p> | <p>8 10:15am Seniorcise 11:00am Bible Study with Pastor Eunice Jones</p> | <p>9 10:30am Mother's Day Tea</p> | <p>10 10:15am Tai Chi 11:00am Sunshine Bingo</p> |
| <p>13 10:15am Seniorcise 11:00am Ice Cream Sundae Bingo</p> | <p>14 Music By The Rail Splitters</p> | <p>15 10:15am Seniorcise 11:00am Bible Study w/ Dr. Charles</p> | <p>16 10:30am WVU Agriculture Ext. Agent Davis Richmond Gardening</p> | <p>17 10:15am Tai Chi 11:00am Pizza Bingo</p> |
| <p>20 10:15am Seniorcise 11:00am Gardening Bingo (OAM)</p> | <p>21 10:30am To 11:15am Crazy Fashion Show (OAM)</p> | <p>22 11:00am Bible Study With Pastor Dwight Bright</p> | <p>23 10:45am Friendship Bingo Social (OAM)</p> | <p>24 10:15am Tai Chi 11:00am Pictionary</p> |
| <p>27 Closed In Observation For Memorial Day</p> | <p>28 10:15am Chair Yoga 11:00am Exercise Wellness (OAM)</p> | <p>29 10am-11am ARH Be Fast For Stroke Awareness 11:00am Bible Study With Pastor Dwight Bright</p> | <p>30 10am - 11am ARH Diabetic Support Group</p> | <p>31 10:30am To 12pm May Birthday Party with David Runion Cake By Best Ambulance</p> |