

April 2024

Mon	Tue	Wed	Thu	Fri
<p>1</p> <p>10:15am Seniorcise</p> <p>11:00am Mystery Bingo</p>	<p>2</p> <p>10am - 11am Donuts & Free Coffee From RCCOA</p>	<p>3</p> <p>11:00am Bible Study w/ Pastor Eunice Jones</p>	<p>4</p> <p>10:15am Seniorcise</p> <p>11:00am Ice Cream Sundae Bingo</p>	<p>5</p> <p>10:15am Tai Chi</p> <p>11:00am Coca Cola Bingo</p>
<p>8</p> <p>10:15am Seniorcise</p> <p>Mystery Food Bingo</p>	<p>9</p> <p>10:30 - 12pm Music By The Rail Splitters</p>	<p>10</p> <p>10:15am Seniorcise</p> <p>11:00am Bible Study w/ Dr. Charles Bright</p>	<p>11</p> <p>10:00am Pump It Up for Parkinson's Special Day of Activities</p>	<p>12</p> <p>No Activites</p>
<p>15</p> <p>10:15am Seniorcise</p> <p>11:00am Mystery Bingo</p>	<p>16</p> <p>10:45am Bingo Fun</p>	<p>17</p> <p>11:00am Bible Study With Haven Davis</p>	<p>18</p> <p>10:45am Mystery Bingo</p>	<p>19</p> <p>10:30-12:30 April Birthday Celebration w/ David Runion Cake by Best Ambulance</p>
<p>22</p> <p>10:15am Seniorcise</p> <p>11:00am Gardening Bingo</p>	<p>23</p> <p>10:15am Chair Yoga With Jeri</p> <p>11:00am Bingo Fun</p>	<p>24</p> <p>10:15am Seniorcise</p> <p>11:00am Bible Study w/ Elder Terry Moore</p>	<p>25</p> <p>10:15am Relaxation Therapy</p>	<p>26</p> <p>10am - 11am ARH Diabetic Support Group</p>
<p>29</p> <p>10:15am Seniorcise</p> <p>11:00am Baseball Bingo</p>	<p>30</p> <p>10:00am ARH Presents Advance Directives & DNR by Myra Rose, RN Education Coor</p>	<p>Every Monday 10am-11:30am World History With Dave Wynn Tues & Thurs Exercise Class 10am-11am</p>	<p>Tues & Thurs 12pm-1pm Line Dancing 5pm to 6pm YOGA class</p>	<p>April 11th Rise to the Challenge Rally a Team to Pump it up See Keri or Jamie for info</p>