


February Menu 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Milk served with all meals. Menu subject to change due to the availability of foods. Project Title: Raleigh County Commission on Aging, Inc. Sites: Manor House, Wildwood House & Coal City Approved By: _____ (Assistant) Executive Director				1 Chicken & Dumplings Peas Carrots WW Bread Pears Milk	2 Crab Cakes Carrots Peas WW Bread Mixed Fruit Milk	3
4	5 Baked Chicken Sw. Potatoes Peas WW Bread Applesauce Milk	6 Turkey & Cheese Sandwich w/ Lettuce & Tomato Tomato Soup Pears Milk	7 Hamburger Lettuce/ Tomato Oven Roasted Potatoes Grape Juice Milk	8 Turkey Mashed Potatoes Green Beans Dressing WW Bread Peaches Milk	9 Pork Chop Broccoli Carrots WW Bread Mixed Fruit Milk	10
11	12 Chicken Alfredo Broccoli Carrots WW Bread Mixed Fruit Milk	13 Chef Salad Pears Milk Pudding	14 Pinto Beans Wing Dings Cole Slaw Cornbread Peaches Milk	15 Roast Beef Mashed Potatoes Green Beans WW Bread Milk Peach Crisp	16 Salmon Patty Macaroni & Cheese Stewed Tomatoes Banana Milk	17
18	19 CLOSED Presidents' Day 	20 Sloppy Joe Cole Slaw Sweet Pot. Fries WW Bun Mandarin Oranges Milk	21 Egg Omelet/ Sausage Hash Browns Baked Apples Orange Juice Biscuit Milk	22 Pizza Tossed Salad Peas & Carrots Milk Fruit Cobbler	23 Baked Chicken Mashed Potatoes Broccoli WW Bread Pears Milk	24
25	26 Pork Chops Sweet Potatoes Green Beans WW Bread Pears Milk	27 Navy Beans Spinach Tomatoes Cornbread Applesauce Milk	28 Taco Salad Tortilla Chips Mandarin Oranges Milk	29 Vegetable Soup Chicken Salad Sandwich Fruit Juice Milk	1 Ham Sweet Potato Casserole Green Beans WW Bread Peaches Milk	

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No eligible participant will be denied a service because of his/her inability or failure to contribute to the cost of a meal.