

JUNE 2023

Mon	Tue	Wed	Thu	Fri
<p><i>Tuesdays & Thursdays</i> 10am - 11am Exercise Class</p> <p>12pm - 1pm Line Dancing</p>	<p><i>Tuesday & Thursday</i> 5pm - 6pm Yoga Class</p>	<p><i>Thursdays</i> 10am - 11am American History Class</p>	<p>1</p> <p>10:15am Seniorcise</p> <p>11:00am Trivia Bingo</p>	<p>2</p> <p>10:15am Tai Chi</p> <p>11:00am Bingo</p>
<p>5</p> <p>10:15am Seniorcise</p> <p>11:00am Mystery Bingo</p>	<p>6</p> <p>10am-11am Donuts from Rose & Quesenberry & Free Coffee From RCCOA</p>	<p>7</p> <p>10:15am Seniorcise</p> <p>11:00am Bible Study w/ Pastor Eunice Jones</p>	<p>8</p> <p>10:15am Relaxation Therapy</p> <p>11:00am Mind Bender Bingo</p>	<p>9</p> <p>10:00am Tai Chi</p> <p>11:00am Father's Day Social</p>
<p>12</p> <p>10:45am Bingo, Bingo</p>	<p>13</p> <p>10:30am To 11:30am Rail Splitters</p>	<p>14</p> <p>10:15am Seniorcise</p> <p>11:00am Bible Study w/ Dr. Charles Bright</p>	<p>15</p> <p>10am - 11am ARH CPR With Melody Finch</p>	<p>16</p> <p>10:00am To 1:00pm Senior Picnic At New River Park</p>
<p>19</p> <p>Closed For Observing Juneteenth Day</p>	<p>20</p> <p>10:15am Seniorcise</p> <p>11:00am WV Bingo</p>	<p>21</p> <p>10:15am Seniorcise</p> <p>11:00am Bible Study w/ Haven Davis</p>	<p>22</p> <p>10:15am Relaxation Therapy</p> <p>11:00am Cheesy Happy Hour</p>	<p>23</p> <p>10:15am Tai Chi</p> <p>11:00am Camping Fun Bingo</p>
<p>26</p> <p>10:30am Frank Priddy Presents "Senior" Abuse</p>	<p>27</p> <p>10:15am Chair Yoga With Jeri</p> <p>11:00am Men's Meeting</p>	<p>28</p> <p>10:15am Seniorcise</p> <p>11:00am Bible Study w/ Elder Terry Moore</p>	<p>29</p> <p>10am - 11am Diabetic Support Group Meeting</p>	<p>30</p> <p>10:30am To 12:30pm June Birthday Party with David Runion Cake by Best Ambulance</p>