

# January 2023

Mon	Tue	Wed	Thu	Fri
<p><b>2</b></p> <p><i>Closed In Observance Of New Year's Day</i></p>	<p><b>3</b> 10am - 11am <i>Donuts by Rose &amp; Quesenberry Free Coffee from RCCOA 11:00am Football Bowl Bingo</i></p>	<p><b>4</b> 10:15am <i>Seniorcise</i></p> <p>11:00am <i>Bible Study With Pastor Eunice Jones</i></p>	<p><b>5</b></p> <p>10:15am <i>Seniorcise</i></p> <p>11:00am <i>Blast from the Past</i></p>	<p><b>6</b></p> <p>10:15am <i>Tai Chi</i></p> <p>11:00am <i>Brain Teasers Bingo</i></p>
<p><b>9</b></p> <p>10:15am <i>Seniorcise</i></p> <p>10:45am <i>Blue Ridge Bingo with Prizes/Snacks</i></p>	<p><b>10</b></p> <p>10:00am <i>Crafty Corner</i></p> <p>11:00am <i>Chair Yoga With Jeri</i></p>	<p><b>11</b> 10:15am <i>Seniorcise</i></p> <p>11:00am <i>Bible Study With Dr. Charles Bright</i></p>	<p><b>12</b></p> <p>10:15am <i>Tea Day Social</i></p> <p>11:00am <i>Tea Day Bingo</i></p>	<p><b>13</b> 10:15am <i>Tai Chi</i></p> <p>11:00am <i>Martin Luther King Jr. Life Day of Observation</i></p>
<p><b>16</b></p> <p><i>Closed in Observation of Martin Luther King Jr. Day</i></p>	<p><b>17</b></p> <p>10:15am <i>Seniorcise</i></p> <p>11:00am <i>Winter Snowflake Bingo</i></p>	<p><b>18</b> 10:15am <i>Seniorcise</i></p> <p>11:00am <i>Bible Study With Haven Davis</i></p>	<p><b>19</b></p> <p>10:00am <i>Coffee Creations</i></p> <p>11:00am <i>Coffee Bingo</i></p>	<p><b>20</b></p> <p>10:15am <i>Tai Chi</i></p> <p>11:00am <i>Winter Wonderland</i></p>
<p><b>23</b></p> <p>10:30am <i>Special Presentation Identify Theft By Frank Priddy</i></p>	<p><b>24</b></p> <p>10:00am <i>Seniorcise</i></p> <p>11:00am <i>Chair Yoga With Jeri</i></p>	<p><b>25</b> 10:15am <i>Seniorcise</i></p> <p>11:00am <i>Bible Study With Elder Terry Moore</i></p>	<p><b>26</b> 10:30am <i>Birthday Party with David Runion Cake by Best Ambulance</i></p>	<p><b>27</b></p> <p>10:15am <i>Tai Chi</i></p> <p>11:00am <i>Hot Chocolate Bingo Social</i></p>
<p><b>30</b> 11:00am <i>ARH Presents Rochelle Waddell Lung Screening Navigator "Love your" Lungs</i></p>	<p><b>31</b> 10:15am <i>Seniorcise</i></p> <p>11:00am <i>Hot Chocolate Bingo</i></p>	<p><i>Tuesday &amp; Thursdays</i></p> <p>10am - 11am <i>Exercise Class</i></p> <p>12pm - 1pm <i>Line Dancing</i></p>	<p><i>Tue &amp; Thurs</i></p> <p>5pm - 6pm <i>Yoga</i></p>	<p><i>Every Friday</i></p> <p><i>World History Class With Dave Wynne</i></p>