

September 2022

Mon	Tue	Wed	Thu	Fri
<p><i>Tuesdays & Thursdays</i> 10am - 11am <i>Exercise Class</i> 12pm - 1pm <i>Line Dancing</i> 5pm YOGA</p>	<p><i>Fridays</i> 10am - 11am <i>World History Class with Dave Wynne</i></p>	<p><i>Wednesday</i> September 21st <i>Award Presentation for Raleigh County No Missed Voters</i></p>	<p>1 10:45am <i>Mystery Game With Tastes of Cider</i></p>	<p>2 10:15am <i>Tai Chi</i> 11:00am <i>Labor Day Bingo</i></p>
<p>5 LABOR DAY CLOSED</p>	<p>6 10am - 11am <i>Donuts from Rose & Quesenberry</i> <i>Free Coffee from RCCOA</i> 11:00am <i>Mystery Bingo</i></p>	<p>7 10:15am <i>Seniorcise</i> 11:00am <i>Bible Study with Pastor Eunice Jones</i></p>	<p>8 10:15am <i>Seniorcise</i> 11:00am <i>NFL Bingo</i></p>	<p>9 10:15am <i>Tai Chi</i> 11:00am <i>WV Tailgate Party/Trivia</i> <i>Prize for the Best WV Spirit</i></p>
<p>12 10:15am <i>Seniorcise</i> 10:45am <i>Blue Ridge Bingo w/ Prizes/Snacks</i></p>	<p>13 11:00am <i>"Warning" Signs of Alzheimers</i> <i>Presented by Terri Tilley</i></p>	<p>14 10:15am <i>Seniorcise</i> 11:00am <i>Bible Study with Dr. Charles Bright</i></p>	<p>15 10:45am <i>Health & Fitness Zone</i></p>	<p>16 10:15am <i>Tai Chi</i> 11:00am <i>Bingo with Jennifer (Hospice)</i></p>
<p>19 10:15am <i>Seniorcise</i> 11:00am <i>Special Bingo</i></p>	<p>20 10:30am to 11:30am <i>Oktoberfest</i></p>	<p>21 10:15am <i>Seniorcise</i> 11:00am <i>Bible Study w/ Haven Davis</i></p>	<p>22 10:15am <i>Tai Chi</i> 11:00am <i>Presented by ARH</i> <i>Beau Masterson Medical Imaging</i></p>	<p>23 OPEN HOUSE 10am - 1pm <i>Come & Help Us Celebrate Senior Center Month</i></p>
<p>26 10:15am <i>Seniorcise</i> 11:00am <i>Mystery Bingo With Jennifer</i></p>	<p>27 10am-11am <i>Coffee Creation</i> 11:00am <i>Chair Yoga with Jeri Knowlton</i></p>	<p>28 10:15am <i>Seniorcise</i> 11:00am <i>Bible Study w/ Elder Terry Moore</i></p>	<p>29 11:00am <i>Birthday Party With David Runion</i> <i>Cake by Best Ambulance</i></p>	<p>30 10:15am <i>Tai Chi</i> 11:00am <i>Fall Trivia Bingo</i></p>