

# Are you a FAMILY CAREGIVER?



Rosalynn Carter  
INSTITUTE  
FOR CAREGIVING



## DATE:

May 24, 2022

## TIME:

11:00 a.m. – 3:30 pm

## PLACE:

Raleigh Co. Commission  
on Aging  
1614 S Kanawha St  
Beckley, WV 25801

## Sign up today for your **FREE** Dealing with Dementia Workshop

### DO YOU NEED HELP IN THESE AREAS?

- ◇ Understanding Dementia
- ◇ Managing Problem Behaviors
- ◇ Handling Stress
- ◇ Finding Time for You



*“I wish this guide and training had been available when I was caring for my mother with vascular dementia. Following the suggestions in this guide book will make a BIG difference for the caregiver and the person receiving care.” ~ Family Caregiver*

**PRE-REGISTRATION IS REQUIRED.** To reserve your spot, please contact:

Terri Tilley | 304 255-1397 | [terri\\_tilley@raleighseniors.org](mailto:terri_tilley@raleighseniors.org)

*\*Seating is limited to 15 individuals*