

February Menu 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Chicken-Corn Casserole Creamier Mashed Potatoes Chicken Gravy Green Peas Mandarin Oranges WW Bread	2 Tasty Meat Loaf Scalloped Potatoes Green Beans Apple WW Bread	3 Roasted Beef- Rd. Orange-Glazed Sweet Potatoes Spinach Fruit Cocktail WW Bread	4 Seasoned Oven Baked Chicken Baked Potatoes Seasoned Vegetable Medley Orange Pineapple Gelatin WW Bread	5 Bean Soup w/ Ham Egg Salad sandwich on WW Bread Fruit Salad w/ Strawberries	6
7	8 Creole Baked Pork Chops Creamier Mashed Potatoes Mustard Greens Banana WW Bread	9 Chile w/ Meat and Beans Festive Waldorf Fruit Salad Peach-Yogurt Dessert WW Bread	10 Chicken Stew Long Grain Brown Rice Broccoli Pear Halves WW Bread	11 Seasoned Pinto Beans Onions Turnip Greens Cornbread Applesauce	12 Baked Flounder w/ Lemon Sauce Oven Browned Potatoes Carrot-Raisin Salad Cling Peaches WW Bread	13
14	15 President's Day CLOSED 	16 Lasagna Vegetable Salad Oil & Vinegar Dressing Purple Plums WW Garlic Toast	17 Skinless BBQ Chicken Au Gratin Potatoes Green Beans Apricots WW Bread	18 Salisbury Steak Brown Gravy Mashed Potatoes Mexican Style Corn Apple Slices WW Bread	19 Split Pea Soup Ham Salad w/ Vegetables Homemade Vanilla Pudding Blueberry Sauce WW Bread	20
21	22 Seasoned Baked Chicken Scalloped Potatoes Broccoli Peach Crisp WW Bread	23 Hamburger Patty WW Bun Light Mayonnaise Iceberg Lettuce Red Tomato Oven Browned Potatoes Sweet Corn Pineapple Slices	24 Beef & Vegetable Stew Spinach Chocolate Pudding WW Bread	25 Roast Turkey Breast Rice-Almond Casserole Carrots Jellied Citrus Salad Angel Food Cake WW Bread	26 Bean Soup w/ Ham Apple-Cabbage Slaw Fruit Cocktail Cornbread	27
28	<p>Milk served with all meals. Menu subject to change due to availability of foods.</p> <p>Project Title: Raleigh County Commission on Aging, Inc.</p> <p>Sites: Manor House, Wildwood, Coal City & Glen Daniel</p> <p>Approved By: _____ Executive Director</p>					

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