



December Menu 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Milk served with all meals. Menu subject to change due to availability of foods. Project Title: Raleigh County Commission on Aging, Inc. Sites: Manor House, Wildwood, Coal City & Glen Daniel Approved By: _____ (Assistant) Executive Director					1
2	3 Seasoned Baked Chicken Scalloped Potatoes Broccoli Peach Crisp WW Bread	4 Hamburger Patty WW Bun Light Mayonnaise Iceberg Lettuce Red Tomato Oven Browned Potatoes Sweet Corn Pineapple Slices	5 Beef & Vegetable Stew Spinach Chocolate Pudding WW Bread	6 Breakfast 9am– 10:30am Will pick-up Wildwood and Manor House Will be closing @ 12:00 pm	7 Roast Turkey Breast Rice-Almond Casserole Carrots Jellied Citrus Salad Angel Food Cake WW Bread	8
9	10 Seasoned Broiled Fish Macaroni & Cheese Mustard Greens Cornbread	11 Spaghetti & Meat Sauce w/ Grd. Turkey Vegetable Salad w/ Oil & Vinegar Dressing Applesauce WW Garlic Toast	12 Red Beans & Rice Cabbage Peach Halves WW Bread	13 Lighter Chicken Salad WW Bread Tomato Vegetable Soup Grapefruit Sections	14 Steak & Peppers Au Gratin Potatoes Green Peas Mixed Fruit WW Bread	15
16	17 Skinless BBQ Chicken Baked Beans Broccoli Strawberries WW Bread	18 Baked Pork Chop Sweet Potato Soufflé Spinach Applesauce WW Bread	19 Baked Potatoes Swiss Cheese Chopped Chives Diced Eggs Zucchini Squash, Italian Style Cherry Cobbler WW Bread	20 <u>Christmas Program</u> Cured Ham Baked Apples & Sweet Potatoes Mustard Greens Pineapple upside down cake Corn Bread	21 Tuna Salad Sandwich WW Bread Mixed Vegetable Soup Carrot-Raisin Salad Orange Pineapple Gelatin	22
23	24 Closed Christmas Eve 	25 CLOSED CHRISTMAS DAY 	Roasted Beef–Rd. Orange-Glazed Sweet Potatoes Spinach Fruit Cocktail WW Bread	Seasoned Oven Baked Chicken Baked Potatoes Seasoned Vegetable Medley Orange Pineapple Gelatin WW Bread	Bean Soup w/ Ham Egg Salad sandwich on WW Bread Fruit Salad w/ Strawberries	29
30	31 Breakfast 9-10:30am Will close @ 12:00pm today Will pick-up Wildwood & Manor House	HAPPY NEW YEAR !!!!!!! 