


# April Menu 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1 <b>EASTER SUNDAY</b> 	2 Baked Steak w/ Peppers and Onions Cooked Rice Sweet Corn Fruit Medley WW Bread	3 Roast Chicken Cauliflower Pol- lanese Marinated Green Beans Apricot Halves WW Bread	4 Seasoned Pinto Beans Onions Cornbread Herb Seasoned Spinach Cling Peaches	5 Ham Sliced WW Bread Mayo Looseleaf Lettuce Red Tomato Baked Beans Vanilla Ice Cream Strawberries	6 Cream of Mushroom Soup Cheesy Pea Salad on Romaine Lettuce Cherry Cobbler WW Biscuits	7	
8	9 Macaroni Cheese & Chicken Casse- role Spinach Marinated Beets and Onions Watermelon WW Bread	10 Seasoned Broiled Fish Potatoes, Baked Green Beans Pineapple WW Bread	11 Fiesta Hamburgers on WW Bun Red Tomato Iceberg Lettuce Leaves Oven Brownd Potatoes Banana	12 Turkey a'la King WW Biscuits Broccoli Fruit Cocktail	13 <b>Dining Room will be closed for our: Annual Compas- sionate Caregiver Conference.</b>  Business offices and Exercise room will be open.	14	
15	16 Roasted Beef–Round Creamier Mashed Potatoes Broccoli Pineapple WW Bread	17 Seasoned Pinto Beans Onions Green Beans Mandarin Oranges Baked Custard Cornbread	18 Seasoned Oven Baked Chicken Long Grain Brown Rice Spinach Mixed Fruit Salad Fruit Salad Dressing WW Bread	19 Baked Flounder w/ Lemon Sauce Springtime Pasta Salad Stewed Tomatoes Grapes WW Bread	20 Vegetable Cottage Cheese Salad Baked Potatoes Spiced Peaches WW Biscuit	21	
22	23 Spaghetti and Meat Sauce w/ Ground Turkey Tossed Green Salad Italian Dressing Pear Halves WW Garlic Toast	24 Lighter Chicken Salad WW Bread Cream of Spinach Soup Watermelon	25 Tasty Meat Loaf Scalloped Potatoes w/ Parsley Broccoli Purple Plums WW Bread	26 <b>Breakfast will be served 9:30-10:30am</b>  The Center will be closing at 12:00pm	27 Skinless BBQ Chicken Dilly Potato Salad Green Beans Pineapple WW Bread	28	
29	30 Salmon Patty Parsley Noodles Mixed Field Greens Italian Dressing Orange WW Bread	Milk served with all meals. <b>Menu subject to change due to availability of foods.</b> Project Title: Raleigh County Commission on Aging, Inc. Sites: <b>Manor House, Wildwood, Coal City &amp; Glen Daniel</b>  Approved by: _____ Executive (Assistant) Director					

1614 South Kanawha St.  
Beckley, WV 25801

Phone: 304-255-1397  
Fax: 304-252-9360  
E-mail: rcco@raleighseniors.org

